

You are going to read an article about a man who discovered that he had a dangerous allergy. Seven sentences have been removed from the article. Choose from the paragraphs A-H the one which fits each gap (9-15). There is one extra paragraph which you do not need to use.

THE DAY MY LIFE CHANGED

It was a bright and sunny Saturday afternoon when events conspired against me to rearrange the rest of my life, in a manner that I could never have foreseen. My intention on that particular Saturday had in fact been to rearrange my life but I had planned to do it in a very different way.

What I had in mind was winning a lot of money so that I could leave my job and go and live somewhere warm and sunny. (9) I did this almost every weekend and seldom won anything, but as they say, "you never know".

While I was standing in the queue to buy my chance for a new life, I decided to get myself something nice for supper. (10) Some tasty sandwiches would be just the thing with a cup of cocoa a little later on. I was acting on this impulse that proved to be my downfall.

That evening, while I was eagerly anticipating the results of the Lottery draw, I made myself the promised peanut butter sandwich and sat down in front of the television to relax. But very soon I realised that all was not well. Very strange things were happening to me. (11) Within minutes it had spread to the rest of my face, and my throat felt constricted. When I looked in the mirror I could see that my face had gone very red and a rash was spreading over my entire body.

Although I had no idea what was actually wrong with me, the link with the peanut butter sandwich was obvious. (12) I assumed that the jar I had bought was 'off', but when I checked the sell-by date, it was fixed for nine months ahead. So that wasn't the problem. It had to be me.

I was beginning to feel a lot worse so I called a taxi to take me to the casualty department of the local hospital. After a battery of tests, I was called in to the consulting room. There I was given the diagnosis.

(13) The specialists explained to me that although to tell whether this was a mild or severe form of the allergy, I should assume that my condition was serious. They said that for the rest of my life I would have to carry a special syringe with me so that I could inject myself with adrenaline if I came into contact with peanuts by accident.

It was this information that changed my life and I look at everything I eat with great care. (14) I now diligently study labels on packets and jars for the warning 'May contain traces of nuts'.

Sadly, many people who are free of the problem don't take a nut allergy seriously. Even some of my friends see it as a bit of a joke, in spite of the problems it causes me in many different situations, some serious, some less so.

(15) But I have no desire to experience the symptoms of nut allergy again - so I shall have to accept the rearrangement of my everyday life as a permanent feature.

A I feel embarrassed when I have to ask waiters if the food I am choosing from the menu is nut free, or remind a friend who has invited me to dinner that I am unable to eat nuts.

B The first thing I became aware of was a tingling in my gums, and then my lips.

C It's surprising how popular an ingredient nuts actually are in many different types of food, and how careful people like me have to be with whatever they put in their mouths.

D I looked around the shelves and on the spur of the moment decided to buy myself a jar of peanut butter

E It seemed that I was one of a growing number of people with an allergy to peanuts.

F I tried to find information about it on the Internet, but found that most people are diagnosed early in life rather than as adults.

G To this end, I walked to my local corner shop that morning to buy a ticket for the Lottery

H I had eaten nothing else for hours, and there could be no other explanation for my symptoms.